



Dr. Daisy Sharma

Assistant Professor

Department of Psychology

Papers publications

1. Kapoor, D., Sardana, T. & Sharma, D. (2021). Women as leaders: a systematic review of glass ceiling and organisational development. *The International Journal of Indian Psychology*, ISSN 2348-5396 (Online) | ISSN: 2349-3429 (Print), Volume 9, Issue 1, DIP: 18.01.058/20210901, DOI: 10.25215/0901.058, 572-591.
2. Ratti, P & Sharma, D. (2021). Happiness: does it transform with age? *The International Journal of Indian Psychology*, ISSN 2348-5396 (Online) | ISSN: 2349-3429 (Print), Volume 9, Issue 1, January- March, 2021 DIP: 18.01.102/20210901, DOI: 10.25215/0901.102, 960-979.
3. Sharma, D. and Chandiramani, K. (2021). Impact of identity process on psychological well-being of adolescents. *The International Journal of Indian Psychology*, ISSN 2348-5396 (Online) | ISSN: 2349-3429 (Print), Volume 9, Issue 1, January- March, 2021 DIP: 18.01.082/20210901, DOI: 10.25215/0901.082, 769-786.
4. Sardana, T., Ganesh, M. and Sharma, D. (2019). Impact of birth order on identity formation of adolescents. Paper accepted for publication in UGC recognized i-manager's Journal on Educational Psychology (JPSY).
5. Ganesh, M. and Sharma, D. (2018). Mediation role of motivation in association between emotional intelligence and leadership at workplace. *IOSR Journal of Humanities And Social Science (IOSR-JHSS)* Volume 23, Issue 8, Ver. 3 (August. 2018) PP 07-16 e-ISSN: 2279-0837, p-ISSN: 2279-0845.
6. Golcha, S. And Sharma, D. (2018). Influence of Locus of control on marital adjustment and work stress. *People management in 21st century: Practices and Challenges* "by Mc Graw Hill. PAGE 171-196, ISBN-9789353161217, ISBN: 109353161215, Mc Graw Hill Publication.
7. Maurya, S., Saini. P. and Sharma, D. (2017). Self Esteem and Well being of elderly living with families and in old age homes: A comparative Study. *Indian Journal of Psychological Science*, Vol 8, No 1 (031-041).

8. Singh, J., and Sharma, D. (2017). Pathos of Grief: The Saga of a Broken Heart. IOSR Journal of Humanities and Social Sciences, Vol 22, Issue 7, Ver. 13.
9. Kochar, R.K. and Sharma, D. (2015). Role of love in relationship satisfaction, International Journal of Indian Psychology, Volume 3, Issue 1, No. 6. ISSN 2348-5396 (e). ISSN 2349-3429 (p), DIP: C03101V3I12015, Author ID: C03101V3I12015-02, Certificate No: 2015311125. <http://oaji.net/articles/2015/1170-1447398407.pdf> 81-107
10. Mishra, S. and Sharma, D. (2015). Do love styles predict relationship satisfaction? Journal of positive psychology, paper published
11. Seth, S. and Sharma, D. (2013). Effect of meditation on leadership qualities and commitment. Published in the proceedings of national conference on transformational leadership and beyond, Excel India Publishers. ISBN-978-93-82880-26-4.
12. Sharma, D. and Tung, S. (2011). Differences in parental and peer Attachments of adolescents: A gender Perspective. Indian journal of Community Psychology, Vol 7, Issue II, 329-340.

Book Chapters

- Mishra, S., Bhaisora, M. and **Sharma, D.** (2015). The Duality of Adolescence: Identity Commitment and Identity Exploration. Career development: different voices different choices, the readers' paradise educational publishers. ISBN-978-93-82110-24-8. <http://www.amazon.in/CAREER-DEVELOPMENT-DIFFERENT-VOICES-CHOICES/dp/9382110240>
- **Sharma, D.** (2014). PSYCHOLOGY AND LEARNING published in book "The Psychological Realm", Pinnacle Learning, New Delhi, 2014.
- Bhatia, S. and **Sharma, D.** (2014). SENSATION AND PERCEPTION published in book "The Psychological Realm", Pinnacle Learning, New Delhi, 2014.
- Malik, S. and **Sharma, D.** (2014). STATES OF CONSCIOUSNESS published in the book "THE PSYCHOLOGICAL REALM", Pinnacle Learning, New Delhi, 2014.
- **Sharma, D.** and Bhatia, S. (2012). POSITIVE PSYCHOLOGY published in the book PERSPECTIVES IN POSITIVE PSYCHOLOGY, Pinnacle Publication, New Delhi.

Workshops, Seminars & Conferences

- Attended one day workshop on Research Methodology in HRMMV, Jalandhar.
- Attended two day International workshop on love and peace organized by HRMMV, Jalandhar.

- Given poster presentation at Xth Biennial Conference of Indian Association for Child & Adolescent Mental Health organized by All India Institute of Medical Sciences, New Delhi.
- Attended one day Workshop at VIMHANS, Delhi on DANCE THERAPY IN 2011.
- Attended two-day workshop on “Emotional Intelligence and Emotional Skill Assessment Process (ESAP) organized by FIEL on 23rd and 24th Sept, 2011.
- Attended a two-day conference on “ Exploration of Intimate Relationships and Couples Therapy” organized by Indian Association of Family Therapy (IAFT) on 6th and 7th Jan 2012.
- Attended National Conference entitled “Vicissitudes of Violence: An Inter-disciplinary Conference on Conflict and Peace” held at IP college on 16th and 17th Jan’2011.
- Attended “International Congress on Gerontology and Geriatric Medicine (ICGGM 2012)” held on 25th to 29th Feb’2012 at AIIMS, New Delhi.
- Attended International conference “Psychology in Contemporary Context: A Positivistic Approach” on 21st and 22nd May 2011 organized by Work Psychology and Human Resource Forum (WPHRF) and India Career Development Organization (ICDA)
- Attended workshop on “Common Childhood Disorders” organized by Unique Psychological Services at International Conference Centre, YMCA, New Delhi, 2012.
- Attended Workshop on “Qualitative Analysis” organized at Inderprastha College, University of Delhi.
- Attended a workshop on “*Decoding the Frontiers of Neuro-Psychometry: Exploring recent advances in Neuropsychology*” organized by Expressions India at Moolchand Hospital, New Delhi.
- Workshop on “*Perspectives in Educational Psychology*” at Central Institute of Education (CIE), University of Delhi, on 11th and 12th Jan 2019
- **Sharma, D.** (2018). Participated in the workshop on Personal to Interpersonal Effectiveness conducted during National Conference on Psychological applications and Interventions: Reaching out and Making a difference organized by department of Psychology, Daulat Ram College, University of Delhi, Delhi.
- Participated in the workshop entitled “Case studies and clinical appraisal session-Recent advances in psychopathology of Adolescent Behaviour organised by Institute of Mental Health and Life Skills Promotions at the Centre for Child Development and Adolescent Health, Moolchand Medcity, New Delhi on 12th Aug 2017.
- Completed an extensive one day training workshop on “Applications of CAT and TAT” organized by Department of Psychology of Clinical Psychology at Columbia Asia Hospital-Palam Vihar, Delhi on 7th February 2018.
- Webinar on **Psycho-educational Skills and Basic Counseling Skills**” organized by Psycho-waves E-academy- A unit of Psycho Waves Advance Psychological Services held on 28th Jan 2021.

- webinar on “**Understanding Plagiarism and its Consequences Using URKUND as a Plagiarism Tool**” organized by Delhi Library Association (DLA) in collaboration with eGalactic, Pune (Maharashtra) on 24th July 2020.

Courses Completed

- Participated in the 4-week Orientation Program (OR-76) conducted by Centre for Professional Development in Higher Education (CPDHE), Institute of Lifelong Learning, University of Delhi from June 9, 2014 to July 5, 2014.
- Participated in the **FDP on *Teaching and Research Innovation in Psychology*** Organized by Internal Quality Assurance Cell and Department of Psychology, Inderprastha College for Women from 14 to 20 March, 2017.
- Completed 3 weeks UGC Sponsered Refresher Course in Winter School (ID) at Centre for Professional Development in Higher Education, University of Delhi, Delhi from 28 Nov to 19 Dec 2017.
- Participated in the **FDP on *Teaching Statistical Computing Software “R”*** Organized by Department of Mathematics, Keshav Mahavidyalaya (University of Delhi).
- Completed Two weeks Refresher Course in **Leadership and communication skills (ID)** from 17 September 2019 to 30 September 2019 from CPDHE, University of Delhi.
- **Two-Week “Online Refresher Course in Psychology”** Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of **Ministry of Education Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT)** in collaboration with Center For Psycho-Social Resource Development and Training, Ramanujan College from 12 - 26 April, 2021.
- **Two-Week FDP on Research Methodology :A learning journey from bivariate techniques to multivariate techniques** from Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of **Ministry of Education Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNTT)** in collaboration with Center For Psycho-Social Resource Development and Training, Ramanujan College from 10-23 December, 2021.

Seminars and Conferences: As Organizer

- **Member of Scientific Committee** for International conference – “The Colours of Career Development” (27th – 29th March 2013)
- **Member of the Scientific Team** National Conference on “*Career Development: Preparing for the Road Ahead*” organized by India Career Development Association (ICDA) (26th – 27th May 2012).
- **Member of Organizing Committee** for International Conference – “Psychology in Contemporary Context: A Positivistic Approach” (21st – 22nd May 2011)

Workshop Conducted as Resource person

- **Chief Patron**, in Research Conference on Celebrating Imperfections (1st Online Mental Health Fest, *Maganizo: A festive way towards Mental Health*) held on 26th January, 2021.
- .Resource person for the session on “**The Science and Art of Presentation**” on 27th January, 2021 in the one-week FDP “**Student-Centric Pedagogic Methods**” organised by Janki Devi Memorial College, University of Delhi (PMMMNMST) during 27th January – 2nd February, 2021.
- Resource person for conducting Workshop on **Psychoanalysis: Insights into the Unconscious** at Hans Raj Mahila Mahavidyalaya, GNDU on 31st May 2021 and 1st June 2021.
- Resource person for conducting Workshop on **Humanistic Therapy: Self Theory of Carl Rogers** at Hans Raj Mahila Mahavidyalaya, GNDU on 7th -8th June 2021.
- Resource person for conducting Workshop on **Cognitive Behaviour Therapy** at Hans Raj Mahila Mahavidyalaya, GNDU on 15th June 2021 and 17th June 2021.
- Resource person for conducting Workshop on **Family Therapy** at Hans Raj Mahila Mahavidyalaya, GNDU on 29th -30th June 2021.
- Provided workshop as resource person on the topic entitled “Counselling Skills” on 8th Feb, 2019 at Hans Raj Mahila Maha Vidyalaya, Jalandhar.
- Organized a symposium “**Life Span Approach to Career Development**” and Presented on the topic of “*Career Development during Adolescence*” in the National Conference of ICDA in 2012.

Papers Presented

- **Sharma, D.** (2018). The role of Parenting and attachment in identity development of adolescents. Paper presented at National Conference on Psychological applications and Interventions: Reaching out and Making a difference organized by department of Psychology, Daulat Ram College, University of Delhi, Delhi.
- Sardana, T., Kapoor, D. and **Sharma, D.** (2018). Impact of Self Efficacy of a person on Glass Ceiling Effect: An Exploratory Study. Paper presented at Global HR Congress- A Multidisciplinary approach towards Organizational Excellence organized by Amity University, Haryana.
- Ganesh, M., Tuli, M. and **Sharma, D.** (2018). Mediatonal role of motivation in association between emotional intelligence and leadership at workplace: an exploratory study. Paper presented at Global HR Congress- A Multidisciplinary approach towards Organizational Excellence organized by Amity University, Haryana.

- Ganesh, M. and **Sharma, D.** (2018). Mediation role of motivation in association between emotional intelligence and leadership at workplace: An exploratory study. Paper presented in Global HR Congress, A multidisciplinary approach towards Organizational Excellence held on 6-7 April at Amity University, Haryana.
- Kapoor, D., Sardana, T. and **Sharma, D.** (2018). Women As Leaders: A Systematic Review Of Glass Ceiling and Organisational Development. Paper presented in the Annual Conference on Organisation Development, Change and Leadership (ODCL) held at Tata Institute of Social Sciences, Mumbai on 29th and 30th August 2018.
- Sardana, T., Kapoor, D. And **Sharma, D.** (2018). Impact of self efficacy of a person on Glass ceiling effect. Paper presented in Global HR Congress, A multidisciplinary approach towards Organizational Excellence held on 6-7 April at Amity University, Haryana.
- Ratti, P. and **Sharma, D.** (2018). Does happiness vary across age?: Assessing the interaction impact between age and the types of Happiness. Paper presented at National paper presentation competition on Positive psychology: From what's wrong to what's strong organized by Positive psychology center at Daulat Ram College, University of Delhi.
- Sardana, S., Porus, R. and **Sharma, D.** (2018). Perceptions of parenting style of parents and their children and its impact on self efficacy. Paper presented at National paper presentation competition on Positive psychology: From what's wrong to what's strong organized by Positive psychology center at Daulat Ram College, University of Delhi.
- Sharma, H. and **Sharma, D.** (2018). A Comparative Study of Communication Skill, Interpersonal Relationships Skill and Coping with Stress Skill among Students of Private & Government Schools of Delhi. Paper presented at 5th International and 7th Indian Psychological Science Congress (IPSC) 2018 organized by National Association of Psychological Science (NAPS), Department of Psychology - Panjab University, Chandigarh.
- Singh, J., and **Sharma, D.** (2017). Pathos of Grief: The saga of a Broken Heart. Paper selected for presentation at International Singapore Conference on Applied Psychology (SCAP 2017) to be held on 29 and 30 June 2017.
- **Sharma, D.** (2016). Spirituality and ageing: Implications for psychological well being of the elderly. Paper presented at National Conference on Perspectives of Successful Ageing held at Mata Sundri College for Women, University of Delhi.
- **Sharma, D.** and Chandiramani, K. (2017). Impact of Identity process on psychological well being of adolescents. Paper presented at International Conference "The Fragmented Self- A Interdisciplinary Exploration into the Notions of Self in contemporary Life at Inderprastha College for Women, University of Delhi.
- Sardana, T., Ganesh, M. and **Sharma, D.** (2017). Impact of Birth order on Identity Process: An exploratory study". Supervised paper presented at International Conference "The Fragmented Self- A Interdisciplinary Exploration into the Notions of Self in contemporary Life at Inderprastha College for Women, University of Delhi.

- Rana, S. and Sharma, D. (2016). Exploring the relation between internet addiction, cyber bullying and self esteem in college students in Delhi. Paper presented at National Conference “Youth in contemporary society: Issues and Challenges” on 28th and 29 march, 2016 at Keshav mahavidyalaya, University of Delhi.
- Thakur, N., Chopra, M., Tondon S., Sharma, D. and Pruthi, M. (2016). Exploring the factors affecting academic stress and anxiety of undergraduate students in Delhi, NCR, India. Paper presented at National Conference “Youth in contemporary society: Issues and Challenges” on 28th and 29 march, 2016 at Keshav mahavidyalaya, University of Delhi.
- Goel, S. and Sharma, D. (2016). The effect of family environment on college adjustment. Paper presented at National Conference “Youth in contemporary society: Issues and Challenges” on 28th and 29 march, 2016 at Keshav mahavidyalaya, University of Delhi.
- Mishra, S. and Sharma, D. (2016). Darker Side Of Selfie: Self-Objectification On Social Networking Sites. Paper presented at National Conference “Youth in contemporary society: Issues and Challenges” on 28th and 29 march, 2016 at Keshav mahavidyalaya, University of Delhi.
- Bansal, B., Kala, K. and Sharma, D. (2016). The Prevalence of Health-Enhancing And Compromising Behaviour In Youth. Paper presented at National Conference “Youth in contemporary society: Issues and Challenges” on 28th and 29 march, 2016 at Keshav mahavidyalaya, University of Delhi.
- Sharma, P. and Sharma, D. (2016). Impact of Instant Messaging App (IMA) on Academic Performance. Paper presented at National Conference “Youth in contemporary society: Issues and Challenges” on 28th and 29 march, 2016 at Keshav mahavidyalaya, University of Delhi.
- **Sharma, D.** (2015). Role of triangular love theory in understanding marital relationship satisfaction and psychological well being. Paper presented at the International Conference “Positive psychology: The Ripple Effect” organized by IAPP at Manav Rachna International University, New Delhi.
- **Sharma, D.** and Kaur, R. (2015). Do love styles affect relationship satisfaction? Paper presented at the International Conference “Positive psychology: The Ripple Effect” organized by IAPP at Manav Rachna International University, New Delhi.
- Seth, S. and **Sharma, D.** (2013). Role of EQ on work place stress and family adjustment of working women. In the proceedings of the International Conference “The colors of Career Development” by India Career Development Association (ICDA)
- **Sharma, D.** and Tung, S. (2013). Parental and Peer Attachment Influencing Identity Formation and Adjustment during Adolescence. Paper selected for presentation in the International Conference of European Congress of Psychology (ECP 2013) to be held in Stockholm (Sweden).
- **Sharma, D.** (2013). A “Rainbow” Approach to Career Counseling. Presented and published in the proceedings of the International Conference of ICDA- “Colors of Career Development”, New Delhi.

- Mishra, S. and **Sharma, D.** (2013). Romantic Attachment and Relationship Satisfaction: Role of Love. Paper presented at the 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity”. Paper published in conference proceedings by the Department of Psychology, Chandigarh.
- Mishra, S. and **Sharma, D.** (2013). The Duality of Adolescence: Identity Commitment and Identity Exploration. In the proceedings of the International Conference at Manav Rachna International University “The colors of Career Development” organized by India Career Development Association (ICDA), New Delhi.
- Maurya, S., and **Sharma, D.** (2013). Self-Esteem and Psychological Well-Being Of The Elderly Living With Families And In Old Age Homes: A Comparative Study. Paper presented in the National Conference on “Dimensions and Perspectives of Positive Psychology” organized by IAPP (Indian Association of Positive Psychology) at Mumbai.
- Maurya, S., and **Sharma, D.** (2013). Spirituality: impact on stress and well being during adolescence. Presented at 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity” by the Department of Psychology, Chandigarh.
- Maurya, S., and **Sharma, D.** (2013). Sports participation and its impact on leadership and self esteem. Presented at 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity” by the Department of Psychology, Chandigarh.
- Saini, P., and **Sharma, D.** (2013). Mindfulness Meditation: Impact on Anxiety and Quality of Life. Presented at 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity” by the Department of Psychology, Chandigarh.
- Bhaisora, M., and **Sharma, D.** (2013). A calm mind is a creative mind: the power of yoga and meditation. Presented at 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity” by the Department of Psychology, Chandigarh.
- **Sharma, D.** (2012). Symposium “Life Span Approach to Career Development” in the National Conference “*Career Development: Preparing for the Road Ahead* organized by ICDA, New Delhi.
- **Sharma, D.** (2012). Career Development during Adolescence”. Presented in the symposium organized at the National Conference “*Career Development: Preparing for the Road Ahead* organized by ICDA, New Delhi.
- Mishra, S. and **Sharma, D.** (2012). Psychological Perspectives in Understanding Terrorist Violence. In the proceedings of the National Conference “Vicissitudes of Violence: An Inter-disciplinary Conference on Conflict and Peace” held at IP college.
- Seth, S. and **Sharma, D.** (2012). Prevention strategies for elderly abuse. In the proceedings of International Congress on Gerontology and Geriatric Medicine (ICGGM 2012) at AIIMS, New Delhi.

- **Sharma, D.** (2012). Relaxation Techniques for Stress Relief and Enhancing Positive Thinking. In the proceedings of the International Conference on “Youth and Positivism” held in Amity University, Haryana.
- **Sharma, D.** (2012). Mediatonal role of Parental and Peer Attachment in the Identity and Psychological Well Being of Adolescents. In the proceedings of the International Conference on “Youth and Positivism” held in Amity University, Haryana.
- **Sharma, D.** (2012). Combating Work Stress with Relaxation Techniques and Positive Thinking in the National Conference “*Career Development: Preparing for the Road Ahead* organized by ICDA, New Delhi.
- Seth, S. and **Sharma, D.** (2012). Effect of meditation on stress and emotional intelligence presented at Lady Shri Ram College, University of Delhi, Delhi.
- Seth, S. and **Sharma, D.** (2012). Effect of emotional intelligence and family adjustment on organizational role stress presented at National Conference “*Career Development: Preparing for the Road Ahead* organized by ICDA, New Delhi.
- Seth, S. and **Sharma, D.** (2014). Life toward betterment: effect of meditation on aggression, commitment ethics and leadership qualities at 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity” by the Department of Psychology, Chandigarh.
- Seth, S. and **Sharma, D.** (2014). Impact of emotional intelligence on role erosion and stagnation at 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity” by the Department of Psychology, Chandigarh.
- Mishra, S. and **Sharma, D.** (2014). Romantic Attachment and Relationship Satisfaction: Role of Love. In the proceedings of the 1st International and 3rd Indian Psychological Science Congress on Psychological Well Being: The looming crisis in humanity” by the Department of Psychology, Chandigarh.
- **Sharma, D.** (2011). *Positive psychology: Past and Present*. Paper presented in the International conference “Psychology in Contemporary Context: A Positivistic Approach” organized by Work Psychology and Human Resource Forum (WPHRF) and India Career Development Organization (ICDA), New Delhi
- **Sharma, D.** (2011). Relationship of parent and Peer Attachment with Adjustment and Psychological Well Being of Adolescents. Paper presented in the International conference “Psychology in Contemporary Context: A Positivistic Approach” organized by Work Psychology and Human Resource Forum (WPHRF) and India Career Development Organization (ICDA), New Delhi
- **Sharma, D.** and Tung, S. (2009). Parental attachment in relation to identity statuses among adolescents. Abstract Published in the Souvenir of Xth Biennial Conference of Indian Association for Child and Adolescent Mental Health.

Works as Editor

- Co-Editor of the Book “*Perspectives in Positive Psychology*”, Pinnacle Publication.

- Editor of *E-newsletter of ICDA* in 2012.

Memberships

- Life member of **ICDA** (India career Development Association)
- Life member of **Indian Journal of Community Psychology**
- Founder member of **IAPP**
- Member of American Psychological Association (**APA**)
- Member of Cultural committee at Keshav Mahavidyalaya from 2011-2013.
- Member of scientific committee for the National Conference “*Career Development: Preparing for the Road Ahead*” organized by ICDA, New Delhi. (27 May 2012)
- Member of organizing Committee in the International conference “*Psychology in Contemporary Context: A Positivistic Approach*” organized by Work Psychology and Human Resource Forum (WPHRF) and India Career Development Organization (ICDA), New Delhi

Research Projects

- Mentor for the research project juvenile Delinquency *at Department of women and child development, GNCT of Delhi, Observation home for boys-II*, Delhi with Ms. Ashvika Singh as research Scholar
- Project investigator for the **INNOVATION PROJECT** of University of Delhi (2014 onwards) entitled “**DEVELOPING VIRTUAL APPLICATION TO MANAGE ACADEMIC STRESS AND ANXIETY AMONG COLLEGE STUDENTS**”
- Co-investigator for the **INNOVATION PROJECT** of University of Delhi (2013 onwards) entitled “**OPTIMISM, ADL AND PSYCHOLOGICAL WELL-BEING AS CORRELATES OF COPING: ENHANCING COPING IN THE ELDERLY**”
- Research project entitled “**Mainstreaming HIV/AIDS concerns in ongoing drug demand reduction in South Asia**” at **AIIMS** (2009).

Research Dissertations Supervised

Undergraduate Dissertations

- Impact of Dance Movement Therapy on well being, aggression and social health of the blind adolescents with multiple impairments (2012).
- Stress and Emotional Intelligence: Meditation as an Intervention process (2012)
- Marital Adjustment and Work stress: Influence of Locus of Control (2013)
- PAWSitive Approach to Quality Of Life and Psychological Well-Being in Persons with Joint Pains (2013).

Post graduate dissertation:

- Self-esteem and well-being among underprivileged & privileged adolescents: A comparative study (2016).
- A study of job involvement and employee motivation among private and public sector employees. (2020)
- The impact of workplace environment on employee job performance. (2020)
- A correlational study of academic performance& emotional maturity of higher secondary students. (2020)
- A correlational study of the self-efficacy and psychological wellbeing among rural and urban school children. (2020)